

# Managing God's Creation

## Message 4: Managing Your Body

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### I. Your Body is God's Property.

A. He has created it and given it life.  
(Gen. 2:7; Psalm 139:13)

B. He has purchased it.

1. *Sold out to Sin and Satan in Adam's fall (Romans 6:16; 5:19)*

2. *Purchased back ("redeemed") by Christ's death. (I Cor. 6:19-20; Rev. 5:9; I Peter 1:18-19; Acts 20:28; Romans 6:18)*

### II. God's Desires for The Management of Your Body

A. He wants you to \_\_\_\_\_.  
(Romans 12:1; 6:12-13)

B. He wants you to \_\_\_\_\_.  
(I Cor 6:19-20)

C. He wants you to \_\_\_\_\_.  
(I Cor. 9:27; 6:12)

D. He wants you to \_\_\_\_\_.  
(I Peter 3:3-4)

E. He wants you to be ready to \_\_\_\_\_ for the sake of the Kingdom. (Phil. 1:20-21; I John 3:16; Rev.12:11)

### For Further Study:

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What does each of these passages say about God's will for the management of your Body?

Romans 6:12-13; Rom.12:1;

I Corinthians 6:13-20; 7:4; 9:27; 15:35-58;

2 Corinthians 4:7-12,16;

Philippians 3:18-21;

Colossians 2:20-23;

I Thessalonians 4:3-8; 5:23

What are some of the evidences that a person might not be acting as a good steward of his/her body?

In what ways might our bodies serve as false Gods to us?

What can you see as possible consequences of mismanagement of your Body?

Are there any areas where you can better "glorify God" with your body (1 Cor. 6:19-20)?

What practical steps can you take to become a better manager of your body?